

BACK HOME\_Formula

Each and every BACK HOME session is a YOUnified and YOUnique quantum creA(C)TION.

Remembering YOUnified and YOUnique GOD Consciousness Body begins with crystallising intention.

Activating a crystalline intention allows settling within YOUnified and YOUnique cellular constitution.

Being truthful and transparent in\_with\_through intention heartens remembering into awakening and unfolding.

Intention is nourished by attention.

Opening into the NOW allows landing into a space\_time\_dimension of contact in\_with\_through the physical.

Ensconcing within the physical you begin to BEcome BACK  
INTO YOUnified and YOUnique GOD Consciousness BodYOU.



Present in\_with\_through the physical you in pand and expand into Source\_God\_IAM

Inpanding and expanding into Source\_God\_IAM you allow yourself to be.

Allowing yourself to be how\_why\_what you are you receive.

You receive YOUnified and YOUnique GOD Consciousness BodYOU.

Releasing spaces\_times\_dimensions within and without.

Loving you.

Loving you more.

Expecting nothing\_inpecting everything.



Breathing in\_breathing out\_in\_out...

Moving in\_moving out\_in\_out...

No forcing\_no imposing\_no directing.

Easy and playful.

Gentle and light.

Free.

(T)here is neither negative judgment nor positive appreciation. None of them exists within Source.

Allowing a different space.  
Allowing a different time.  
Allowing a different dimension.



You body know a different space.  
You body know a different time.  
You body know a different dimension.

You body need a different space.  
You body need a different time.  
You body need a different dimension.

A different space\_time\_dimension You Body AM

